

## PROGRAMME OF ACTIVITIES

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Children and Young People						
	Bunnies Preschool 9am - 12pm 8 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 1pm (TT)	Cats Karate 9 – 10.30am (TT)	
	Brownies 6 – 7.30pm (TT)		Guides 7.30 - 9pm (TT)			Reserved for event See our website for www.greatashbyco	• • • • • • • • • • • • • • • • • • • •
Sport, Health, and Fitness							
		KDS Karate (17+ yrs) 7.30 – 9.30pm		Pilates 7.30 – 8.30pm	TS Kickboxing 6.45 – 7.45pm		
Other Interests							
							Great Ashby Community Church 10.30am - 12.30pm







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y	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
ent	Children and Young People							
			Brownies 6.30 - 8.00pm (TT)		Hartbeeps 9:30am – 1.30pm (TT)	Magikats 8.30 – 11.30am		
					Stagecoach 4.15 – 5.45pm (TT) Returning 19.09.2025	Reserved for event h See our website for in www.greatashbycon		
	Sport, Health, and Fitness							
	NHS Antenatal Class 1 – 3pm (1 <sup>st</sup> and 2 <sup>nd</sup> Mondays)	Bounce 9.30 – 10.30am <i>Until 30.09.2025</i>	Slimming World 9 – 11.00am	Bounce 9.30 – 10.30am	Legs, Bums & Tums with Rhema Wellness 6.15 – 7.15pm (TT)			
	Bounce 5.45 – 6.30pm	NHS Community Pulmonary Rehab 11am – 4pm	Philo Fit 11.30 – 12.30pm	NHS Community Pulmonary Rehab 11am – 4pm				
Other Interests								
	Yards of Sewing 7 - 9pm (booking essential)	Alive & Singing Choir 7.30-9.30pm		Pawsitive Dog Training 6 – 9pm (October – May only)			Great Ashby Community Church Sunday School 10.45 – 11.45am	







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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
nt	Children and Young People						
	Tappy Toes 9.15 – 11.00am (TT)	The Wellbeing Junction 4.30 – 7.30pm (TT)		The Wellbeing Junction 10.00 – 12.00pm (TT)			
	Magikats 4 – 5.30pm				MBL Dance 4.00 – 5.45pm		
Other Interests							
	In Essence 7.30 – 9.30pm (1 <sup>st</sup> and 3 <sup>rd</sup> Mondays)	Great Ashby Friendship Group 2 - 4pm	GA Community Council - Various Meetings	Great Gatsby Women's Institute 7 – 10pm (1 <sup>st</sup> Thursday)		Yards of Sewing 9am – 3pm (booking essential)	Daisy First Aid (Paediatric First Aid) Various times, once monthly (booking essential)
	SANDS 8 – 10pm (2 <sup>nd</sup> Monday)		GA Church - Various Meetings 8 - 9pm	GA Community Council - Various Meetings			Pawla Pet First Aid 4 – 8pm (once monthly, booking essential)
				North Herts Councillors Surgery 6 – 8pm (2 <sup>nd</sup> Thursday)			







## **GROUP CONTACT DETAILS**

Alive & Singing	Barbara 07710 007572 aliveandsinging@gmail.com	Pawla Pet First Aid	Paula pandbdry@gmail.com		
Bounce	https://bookwhen.com/bouncestevenage east	Pawsitive Training	Leanne Sperry 07875 932209 <u>Iholding0606@gmail.com</u>		
Brownies and Guides	www.girlguiding.org.uk	Philo Fit	Charlotte 07854306774 charlotte@philofit.co.uk		
Bunnies Pre School	admin@bunniespreschool.co.uk	Pilates	sallyrobinson779@gmail.com 07866 451715		
Cats Karate	Cats SKC stevenage@outlook.com	SANDS	Enquire at the office – 01438 365 392		
Great Ashby Community Council	Kelly clerk@greatashbycouncil.org.uk	Slimming World	www.slimmingworld.co.uk		
Great Ashby Friendship Group	Enquire at the office – 01438 365 392	Stagecoach	stevenage@stagecoach.co.uk		
Hartbeeps	<u>jessie.hollett@hartbeeps.com</u>	Tappy Toes	Jasmine 07842580868 jasmine@tappytoes.com		
In Essence	Christine christinehalls@btinternet.com	The Great Gatsby of Great Ashby Women's Institute	greatgatsbywi@hotmail.com		
KDS Karate Do Shotokai	Richard 07538 275 533 richard.plaskow@googlemail.com	The Wellbeing Junction	Ami <a href="mailto:thewellbeingjunction@gmail.com">thewellbeingjunction@gmail.com</a>		
Legs, Bums, and Tums	info@rhemawellnessclub.com 07445 265834	TS Kickboxing	Trevor Spencer 07940 715 717 <a href="mailto:tskickboxing@sky.com">tskickboxing@sky.com</a>		
Magikats	Stefanie.k@magikats.co.uk 07979 571250	Yards of Sewing	Scarlett 07895 383895		
MBL Dance	Lian 07977 447176				