

PROGRAMME OF ACTIVITIES

Last updated: 21.05.2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Children and Young People						
	Bunnies Preschool 9am - 12pm 8 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 12pm & 12 - 3pm (TT)	Bunnies Preschool 9am - 1pm (TT)	Cats Karate 9 – 10.30am (TT)	
	Brownies 6 – 7.30pm (TT)		Guides 7.30 - 9pm (TT)			Reserved for event See our website for www.greatashbyco	
Sport, Health, and Fitness							
		KDS Karate (17+ yrs) 7.30 – 9.30pm		Pilates 7.30 – 8.30pm	TS Kickboxing 6.45 – 7.45pm		
Other Interests							
							Great Ashby Community Church 10.30am - 12.30pm







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Children and Young People							
Insp	ure Youth bired n – 12.00pm		Brownies 6.30 - 8.00pm (TT)		Hartbeeps 9:30am – 1.30pm (TT)	Magikats 8.30 – 11.30am	
					Stagecoach 4.15 – 5.45pm (TT) Returning 05.09.2025	Reserved for event h See our website for it www.greatashbycon	
Sport, Health, and Fitness							
Clas 1 – 3 (1 st c	S Antenatal ss 3.00pm and 2 nd ndays)	Bounce 9.30 – 10.30am	Slimming World 9 – 11.00am	Bounce 9.30 – 10.30am	Legs, Bums & Tums with Rhema Wellness 6.15 – 7.15pm (TT)		
Boui 5.45	ince 5 – 6.30pm	NHS Community Pulmonary Rehab 11am – 4pm	Philo Fit 11.30 – 12.30pm	NHS Community Pulmonary Rehab 11am – 4pm	Meditation with Rhema Wellness 7.30 – 8.15pm (fortnightly) (TT)		
Other Interests							
7 - 9	ds of Sewing Opm Oking essential)	Alive & Singing Choir 7.30-9.30pm		Pawsitive Dog Training 6 - 9pm (October – May only)			Great Ashby Community Church Sunday School 10.45 – 11.45am







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nt	Children and Young People						
	Tappy Toes 9.15 – 11.00am (TT)	Future Youth Inspired 9am - 1.00pm (TT)	Future Youth Inspired 12 - 3pm (TT)	The Wellbeing Junction 10.00 – 12.00pm (TT)	Future Youth Inspired 10am – 1.00pm (TT)		
	Magikats 4 – 5.30pm	The Wellbeing Junction 4.30 – 7.30pm (TT)			MBL Dance 4.00 – 5.45pm		
Other Interests							
	In Essence 7.30 – 9.30pm (1 st and 3 rd Mondays)	Great Ashby Friendship Group 2 - 4pm	GA Community Council - Various Meetings	Great Gatsby Women's Institute 7 – 10pm (1st Thursday) (June – September in Hall 2)		Yards of Sewing 9am – 3pm (booking essential)	Daisy First Aid (Paediatric First Aid) Various times, once monthly (booking essential)
	SANDS 8 – 10pm (2 nd Monday)		GA Church - Various Meetings 8 - 9pm	GA Community Council - Various Meetings			P and B Dry Canine First Aid 4 – 8pm (once monthly, booking essential)
				North Herts Councillors Surgery 6 – 8pm (2 nd Thursday)			Stevenage Liberal Synagogue 9.15 – 11.45am (once monthly)







GROUP CONTACT DETAILS

Last updated: 21.05.2025

Alive & Singing	Barbara 07710 007572 aliveandsinging@gmail.com	MBL Dance	Lian 07977 447176	
Bounce	https://bookwhen.com/bouncestevenage east	PandB Dry	Paula pandbdry@gmail.com	
Brownies and Guides	www.girlguiding.org.uk	Pawsitive Training	Leanne Sperry 07875 932209 <u>Iholding0606@gmail.com</u>	
Bunnies Pre School	admin@bunniespreschool.co.uk	Philo Fit	Charlotte 07854306774 charlotte@philofit.co.uk	
Cats Karate	Cats_SKC_stevenage@outlook.com	Pilates	sallyrobinson779@gmail.com 07866 451715	
Future Youth Inspired	Enquire at the office – 01438 365 392	SANDS	Enquire at the office – 01438 365 392	
Great Ashby Community Council	Kelly clerk@greatashbycouncil.org.uk	Slimming World	www.slimmingworld.co.uk	
Great Ashby Friendship Group	Enquire at the office – 01438 365 392	Stagecoach	stevenage@stagecoach.co.uk	
Hartbeeps	Kirstie.oliver@hotmail.co.uk	Tappy Toes	Jasmine 07842580868 jasmine@tappytoes.com	
In Essence	Christine christinehalls@btinternet.com	The Great Gatsby of Great Ashby Women's Institute	greatgatsbywi@hotmail.com	
KDS Karate Do Shotokai	Richard 07538 275 533 richard.plaskow@googlemail.com	The Wellbeing Junction	Ami thewellbeingjunction@gmail.com	
Legs, Bums, and Tums	info@rhemawellnessclub.com 07445 265834	TS Kickboxing	Trevor Spencer 07940 715 717 tskickboxing@sky.com	
Magikats	Stefanie.k@magikats.co.uk 07979 571250	Yards of Sewing	Scarlett 07895 383895	